

Dept. of ASB, Athletics, Nursing, PE and SHEP

Scott Giusti, Director of ASB, Athletics, Nursing, PE and SHEP Phone: (619) 725-7126 Email: sqiusti@sandi.net

2018 MIDDLE SCHOOL XC MEET INVITATION

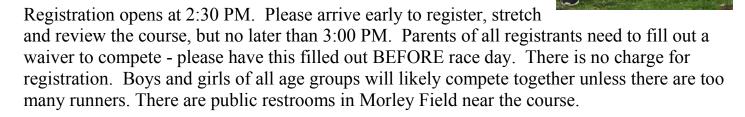
DATE: Wednesday, November 28, 2018

PLACE: Morley Field Sports Complex (near the baseball field)

2221 Morley Field Dr., San Diego, CA 92101

TIME: 3:30 PM race start

EVENTS: 2 MILE BOYS & GIRLS RACE. Course is a mix of grass, dirt and trail running and will be marked with cones. A professional will run ahead to guide the leaders, and official times will be recorded.



NOTE: Coaches/Parents, please email Coach Shumaker by Mon., Nov 26th with your team roster (Excel template attached). She needs to know the name, school, grade and sex for each runner to make the bibs. Also, coaches please collect your runners' participation waivers ahead of time (PDF attached). This will help registration proceed more efficiently.

Award presentations will take place after all runners have completed the race. Medals will be awarded to 1st, 2nd and 3rd place winners for boys and girls in 5th, 6th, 7th and 8th grade.

Parents and friends are encouraged to come out and cheer on the athletes. Hope to see everyone there!

If you have any questions, please contact your school's PE coach or teacher representative. All school representatives should contact Coach Patrice Shumaker (<u>pshumaker@sandi.net</u>) with any questions and with the completed Excel template to add your team roster.

